

# DANIELLE LEBON

Danielle Lebon has been practicing Massage Therapy since 2000 and added Acupuncture (western and eastern philosophies) in 2005. She has worked in spa, rehabilitation, and chiropractic clinic settings before settling into running her home-based office. Danielle's continuing education courses include studies in Reflexology, Reiki, basic application of Aromatherapy, Joint Mobilizations and Myofascial Release. In 2015, Danielle graduated from the Institute of Holistic Nutrition to obtain her Certified Nutrition Practitioner's certificate.

Danielle maintains her RMTAO (Registered Massage Therapy Association of Ontario) membership to stay current with the changes and updated protocols within the Massage Therapy industry and is in good standing with the CMTO (College of Massage therapists of Ontario) and CTCMPOA (College of Traditional Chinese Medicine and Acupuncture Practitioners of Ontario Association).

Danielle enjoys cycling (road, mountain, and everything in between), gardening, pilates, reading, cats, and naps. Danielle looks forward to incorporating her style of massage to suit the needs of her clients so they reach the best level of relaxation they need.